Fall 2019

Continuing Education

What's New

- Rumble in the Jungle Dance Camp
- Scott Gallagher Outdoor Soccer Clinic
- Parkwood Mathemagic Camp
- Calling All Young Entrepreneurs!
- Scott Gallagher Indoor Soccer Clinic
- Baa Baa
- Dynamic Combo – Kickboxing & Strength Training
- RIPPED Rumble
- Kids & Money
- Fighting with Diet Exercise & Fasting
- Missouri Property Tax Credit Claim
- Discovering Essential Oils
- Financial Pitfalls
- Taxes and the IRS
- Estate Planning
- Pension Maximization for Public School Teachers

www.psdr3.org   (314) 213-8094
ADMISSION TO PROGRAM:
Classes are open to both residents and non-residents of Pattonville School District.

COURSE FEES:
Each class description includes a cost for the course. In some instances there are additional materials fees. These are extra and are not included in the course fee. Material fees must be paid separately at the time of registration unless otherwise stated in class description. Non-resident fees are not included in any discounts.

REGISTRATION:
You may register by mail, fax, or phone. Mail your completed registration form to our office at 11097 St. Charles Rock Road, St. Ann, MO 63074, or fax it to us at 213-8695. You may call our office at 213-8094 to register by phone. Each course requires a minimum number of participants in order for the class to be offered, so it is best to register at least ten days prior to the start of class. Registrations received less than 48 hours prior to the start of class are subject to a $5 late registration fee.

PAYMENT:
We accept Visa, MasterCard, Discover, or checks made out to “Pattonville School District”. A separate check must be written for each class. Payment must be received prior to the start of class to avoid a ‘late payment’ fee.

REFUND POLICY:
Fees are refunded when there is insufficient enrollment and the class must be cancelled. No refunds after class starts, and refunds are not made for classes missed by student. Refunds or credits will not be given for customer cancellations made less than seven days before the start of class. Customer-requested refunds of $20 or less will be credited to the customer’s account for future programs.

GOLDEN DISCOUNT:
Adults over 55 may receive a $10 discount on their registration fees on selected courses over $25. Material fees and non-resident fees are not included in this discount.

CANCELLATION OF CLASSES:
Classes will not be held if Pattonville Schools are closed or dismissed early because of inclement weather or emergency. If in doubt, call the Community Education Office, 213-8094 or 213-8095, or visit our website at www.psdr3.org.
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FALL 2019 PROGRAMS

Pattonville School District partners with area swim clubs to provide additional swimming and diving opportunities for the Pattonville families. These programs will be provided through FAST Swim Club and the Clayton Diving Alliance.

FAST-Pirates is a satellite program of FAST; a nationally recognized Silver Medal USA Swimming Club that serves the greater St. Louis area. Currently over 300 athletes of different ages and ability levels are members of the FAST family. Whether your goals are focused on water safety, exercise, scoring points at high school conference or state, or going to Olympic Trials, FAST has a place for you! Beginning in September, FAST-Pirates will be offering both Swim Lessons and a Competitive Swim Program at Pattonville High School.

Start ‘em Early, start 'em FAST!

FAST-Pirates Swim Lessons

Our lesson program covers not only basic water safety and proficiency in the water, but also teaches the four competitive strokes: butterfly, backstroke, breaststroke, and freestyle. It is the perfect lesson program for anyone who wants to be safe around the water and/or has the desire to swim competitively in the future. Lessons are for swimmers age 3 years and older. Class sizes are kept small to allow for the most individual instruction possible.

FAST-Pirates Swim Team

Since its start in 2003, FAST has quickly risen to an elite level of competition within the Ozark division and has become one of the most dominant teams in the area through their top finishes in championship meets in all age ranges. FAST-Pirates will offer the same FAST experience as its South County counterpart but will be more convenient to people living North of Highway 40. Swimmers will be placed in groups based on their age and ability levels. The Age Group Program will consist of athletes between the ages of 6 & 12 who are legal in all four competitive strokes. The Senior Program is for athletes who are capable of swimming all four competitive strokes and who are over the age of 13. Check out our website www.fast-swimming.com and click on the FAST-Pirates tab for more information about pricing and availability! If you have any questions about the program that can’t be found on the website please contact our Business Manager Angie Dorsey at adorsey@fast-swimming.com.

CLAYTON DIVING ALLIANCE

The Clayton Diving Alliance (“CDA”) was established in 1980 and runs year-round diving practices and lessons at several locations in the St. Louis area. CDA works with beginners, intermediate divers, and advanced divers. The younger athletes learn the proper fundamentals of diving; many of the older athletes excel at diving at the high-school level; CDA’s best divers compete nationally against the top divers in the country. Every year CDA graduates divers who go on to dive in college. The program’s goal is to provide high-quality coaching and the opportunity to compete, at an affordable cost.

Costs are charged by the session and are calculated based on the number of practices per week that each diver participates in.

Rates range from $9-$11 per practice depending on the length of the specific practice(s) attended.

To register for the Fall 2018 session, call Ron Hobbs at 314-308-5525

For more information about diving instruction, please visit the CDA website at www.claytondiving.com. You can let CDA know you are interested by clicking on the “indoor diving” link on the website and providing requested information.

Limited scholarship availability: Clayton Diving Alliance will provide scholarships for a limited number of Pattonville students with demonstrated financial need.
BACK TO SCHOOL DANCE CAMP #601
Grades 1-8
Here is your opportunity to have fun, get great exercise, and workout with the Varsity Drill Team! Campers will learn two routines—pom and hip hop, and will perform for family and friends the last afternoon of camp. Fees include a t-shirt, snacks, performance, and a chance to cheer from the sidelines at the September 13 varsity football game. Camp meets Monday, Tuesday and Wednesday.

August 5, 6, 7 9:00 am-1:00 pm 3 days

Holman Middle School
Instructor: PHS Varsity Drill Team & Coaches
Fee $30 Non-resident $40

BATON TWIRLING
(BEGINNING OR INTERMEDIATE)
GRADES K-12
Get experienced instruction on the art of baton twirling from members of The Sugarettes, Missouri State Baton Twirling Champions. Students will be measured for batons the first night of class, and batons will be available for a cost of $26. All experience levels are welcome, and students will have the opportunity to advance their skills to perform and compete with the Missouri State Champion Sugarettes Twirling Team.
This class meets each Wednesday.

Session I: Monday, August 26 6:00-7:00 pm 6 weeks #602
Session II: Monday, November 4 6:00-7:00 pm 6 weeks #603

Holman Middle School
Instructor: Sugarettes Twirlers
Fee $40 Non-resident $45 (no discounts on this class)

GOLF CLINIC AT BERRY HILL (ages 7-14)
Four golf lessons will be given. They will include a combination of two swing lessons, a putting lesson and a chipping lesson. These lessons will give the student a well-rounded series of the basic fundamentals of golf to get started and enjoy the game of golf. Clinic meets either on Wednesday or Thursday for four weeks. Play Days are offered on two Saturdays to give students the opportunity to play, test their new skills and enjoy playing the game of golf. Lessons are taught by professional golf pros at Berry Hill Golf Course. Students may sign up for the Wednesday or Thursday session, but not both, due to the popularity of this clinic.

Start Date: Wednesday, August 28 4:30-5:15 pm
Start Date: Thursday, August 29 4:30-5:15 pm

Location: Berry Hill Golf Course (in Bridgeton)
Fee: $40 Non-resident $45

(Game days will be Saturdays, September 7 and 14). $12 in green fees will be paid to Berry Hill on these game days and is not included in the registration fee. Tee times will be at approximately 3:00 pm on game days)
SCOTT GALLAGHER FALL OUTDOOR SOCCER CLINIC
Ages 2-14
Pattonville School District and St Louis Scott Gallagher Soccer Club are excited to partner and offer outdoor soccer clinics to Pattonville residents and students. SLSG Juniors Program is an introduction to soccer designed for players age 2-12. Scott Gallagher coaches and players will lead the clinics, and participants will be grouped by age and skill levels. The focus will be on ball skills, developing proper technique, building confidence on the soccer field, physical development, and most importantly, having fun. Clinic meets on Saturdays for five weeks. No camp October 5.

Start Date: Saturday, September 7  5 wks
Age 2-5  9:00-9:45 am  #606
Age 6-9  9:00-10:15 am  #607
Age 10 and older  10:30 am-11:45 am  #608

Fee: $35 Non-Residents $45
Instructors: Scott Gallagher Coaches
Location: Holman Middle School Soccer Fields

YOUTH SELF DEFENSE & STRANGER DANGER
#609
Grades K-4
This class will stress upon your child the importance of knowing how to stay safe, how to avoid possible dangerous situations, and ways to break free from a bully or abductor. Emphasis is on prevention, awareness, boundaries and whom to trust – in a safe, positive and FUN atmosphere. Okinawan Karate instructors will describe the different types of strangers there are, how to keep their distance and what to do if they become a target – HANDS ON! It’s not about size or strength but attitude and the right moves. Students should wear loose pants that do not hit the floor and long-sleeved shirt or sweats. Participants will remove shoes, socks and all jewelry in class. Visit www.karateSTL.com for more info.

Grades K-4 Monday, September 30  5:30-7:30 pm
Location: Holman Middle School
Instructor: Sharon Basinger, 6th degree Black Belt & Certified Instructor
KARATE (OKINAWAN)
Develop confidence, self-control and a calmness that can overcome fears, while learning self-defense and having fun! A 6th degree black belt, who is an internationally Certified Instructor, teaches hand and foot techniques including throwing and breaking free from an attacker. Karate can help children improve concentration and appropriately channel their energy in every aspect of life. Safety is always paramount! This defense-oriented style of karate is stressed as a martial art rather than a competitive sport -- no tournaments, no trophies, no losers -- focus is on encouragement, not intimidation. Attend Tuesdays and Thursdays except as noted. Each session is six weeks. A uniform (gi) is required and available for purchase at the first class. Visit www.karateSTL.com for more info.

Session I: Tuesday, September 3
Ages 7-13 Apprentice & Beginning 5:00-6:00 pm $40 (Tues. only) #610
Ages 7-13 Intermediate 6:00-7:00 pm $65 (T & Th) #611
Ages 7-13 Advanced 7:00-8:00 pm $65 (T & Th) #612
Adults Ages 14 and up 8:00-9:00 pm $65 (T & Th) #531

Thursday, September 5
Ages 4-6 All Ranks 5:00-6:00 pm $40 (Thurs. only) #613

Session II: Tuesday, October 22
Ages 7-13 Apprentice & Beginning 5:00-6:00 pm $65 (Tues. only) #614
Ages 7-13 Intermediate 6:00-7:00 pm $65 (T & Th) #615
Ages 7-13 Advanced 7:00-8:00 pm $65 (T & Th) #616
Adults Ages 14 and up 8:00-9:00 pm $65 (T & Th) #562

Thursday, October 24
Ages 4-6 All Ranks 5:00-6:00 pm $40 (Thurs. only) #617

Location: Pattonville Heights Middle School
Sharon Basinger, 6th degree Black Belt & Certified Instructor
Non-residents pay an additional $5 per session Note: rank testing and belt fees are extra

PARKWOOD MATHEMAGIC CAMP (K-5) #618
Produce a $1 million bill! Cause an object to move by itself in a spectator’s hand! Mind-read numbers a spectator randomly calculates! These tricks are math-based. So not only will you learn astounding magic, but you will hone your math skills as well! You get your own corrugated magic case out of which you can perform, and new tricks to put in weekly. Participate in a family show the final class. If you want to learn magic, if you like math, or if you want to improve your math in a fun way, this class is for you!

Parkwood Elementary
Wednesday September 25 3:40-4:40 pm 8 wks

Instructors: Abra-Kid-Abra Staff
Fee: $85 Non-resident $90
BASEBALL HITTING CLINIC – Grades 3-8
Do you want to improve your hitting performance? Batting cages are a great tool to increase your timing and work on your hitting stance. Get ready for the upcoming season by improving your skills in our batting cages. Students should bring their own bats and gloves. Class meets on Thursday’s for five weeks. Teams are welcome – register early – slots fill fast!
No camp October 31.

3rd grade
Thursday, October 10  6:00-7:00 pm  5 weeks  #619
4th & 5th grade
Thursday, October 10  7:00-8:00 pm  5 weeks  #620
6th, 7th & 8th grade
Thursday, October 10  8:00-9:00 pm  5 weeks  #621

Pattonville High School
Fee: $45 Non-resident $50
$80 for two children, same family

BUILDING SOCIAL SKILLS FOR SUCCESS
Grades 1-5
Bridgeway, Drummond, Parkwood – after-school camp
Help your child promote productive/positive interactions with others. This three-day camp will focus on a different topic each day – social interactive skills, self esteem building and resolving conflict in a positive manner. Students will learn through practice and interactive games, traits such as: listening effectively, manners, different responses to social situations, managing stress, controlling emotions and behavior, being respectful of differences, improved nonverbal communication, exploring options for resolution, positive self-talk, hopeful statements, re-labeling upsetting thoughts, and encouraging oneself. Class meets after school for three days, Tuesday through Thursday.
Camp is free, but preregistration is required, as this camp fills quickly.

Drummond
Tuesday-Thursday, October 8, 9, 10  3:40-5:00 pm  #622
Parkwood
Tuesday-Thursday, October 22, 23, 24  3:40-5:00 pm  #623
Bridgeway
Tuesday-Thursday, November 12, 13, 14  3:40-5:00 pm  #624

Fee: Free for Pattonville residents
Instructors: Ranken Jordan Staff
CALLING ALL YOUNG ENTREPRENEURS! #625
Did you know there are self-made millionaires aged ten years old? In today’s world, if one has a good idea, a great business plan, and hard work, they can learn to “make a job – don’t just take a job”. This camp will discuss how to get started and cover the values and vision to pursue dreams and change the mindsets of young people, so they believe in themselves and what they can accomplish. It will help prepare students for success in the workplace and in life. This camp is on an early dismissal day and it open to elementary and middle school students.

Friday, December 6 1:00-3:00 pm
Location: Learning Center
Fee: $10 Non-resident $15

SCOTT GALLAGHER WINTER INDOOR SOCCER CLINIC
Ages 2-14
Pattonville School District and St Louis Scott Gallagher Soccer Club are excited to partner and offer indoor soccer clinics to Pattonville residents and students. SLSG Juniors Program is an introduction to soccer designed for players age 2-12. Scott Gallagher coaches and players will lead the clinics, and participants will be grouped by age and skill levels. The focus will be on ball skills, developing proper technique, building confidence on the soccer field, physical development, and most importantly, having fun. Clinic meets on Saturdays for five weeks.

Start Date: Saturday, January 11 5 wks
Age 2-5 9:00-9:45 am #626
Age 6-8 10:00-11:15 am #627
Age 9-14 11:30 am-12:45 pm #628
Fee: $35 Non-Residents $45
Instructors: Scott Gallagher Coaches
Location: Pattonville Heights Middle School Gym

SWIM CLASSES AND LEAGUES FOR ELEMENTARY STUDENTS
A flyer with detailed information will be sent home with students as soon as the dates are confirmed. You can visit the Pattonville Community Education Facebook page to get up-to-date information on swim and other classes for youth.

BRODAWAY BEFORE & AFTER-SCHOOL CLUB – K-5
Pattonville School District is excited to offer a quality and affordable before and after school program at Bridgeway Elementary School. Enrollment is limited to students attending Bridgeway. This will provide our families with a safe and enriching environment for their children before and after school by allowing students to participate in healthy and fun activities. Students will socialize with friends, participate in after school activities, recreational activities and receive help with homework. To receive a registration application to this program, please call 213-8095 or email Patty Gould at pgould@psdr3.org.

Bridgeway Elementary School Monday–Friday (on school days)
Before School Club times: 6:30-8:35 am Fee: am only - $175/month
After School Club times: 3:35-6:00 pm Fee: pm only - $195/month
Fee: am & pm both - $260
Registration Fee - $30
REMINGTON TRADITIONAL BEFORE & AFTER-SCHOOL CLUB – K-8
Pattonville School District is excited to offer a quality and affordable before and after school program at Remington Traditional School. Enrollment is limited to students attending Remington Traditional. This will provide our families with a safe and enriching environment for their children before and after school by allowing students to participate in healthy and fun activities. Students will socialize with friends, participate in after school activities, recreational activities and receive help with homework. To receive a registration application to this program, please call 213-8095 or email Patty Gould at pgould@psdr3.org

Remington Traditional School Monday–Friday (on school days)
Before School Club times: 6:30-8:00 am Fee: am only - $175/month
After School Club times: 3:00-6:00 pm Fee: pm only - $195/month
Fee: am & pm both - $260
Registration Fee - $30

P-TAC PATTONVILLE TEEN AFTER-SCHOOL CLUB
P-TAC is a quality and affordable after-school program at Pattonville Heights Middle School. Enrollment is limited to those 6th, 7th and 8th grade students attending Pattonville Heights or Holman. Holman students are transported to Heights on a Pattonville bus. This provides our families with a safe and enriching environment for their children after school by allowing students to participate in healthy and fun events when school is not in session. Students will socialize with friends, become involved with clubs or leagues, open gym, and receive assistance with homework. To receive a registration application to this program, please call 213-8095 or email Patty Gould at pgould@psdr3.org

Pattonville Heights Middle School
Monday–Friday (on school days) 3:00-6:00 pm Fee: $195 per month
Registration Fee - $30

KEEP UPDATED ON YOUTH ACTIVITIES AND ATHLETICS
Pattonville offers an opt-in enewsletter to share information about activities and athletics for students in the district and the community. To sign up to receive the updates, go online and subscribe at www.psd3.org/subscribe
BEGINNING YOGA

This approach to yoga eases you into fitness and flexibility by learning the basics of yoga and understanding how breathing and postures are linked together. Yoga poses will be taught in a way that students can participate at their own level of ability. Create a more fluid body and reduce stiffness in your muscles and joints by learning proper alignment and lengthening your spine. Students should bring a yoga mat to class. Class meets on Mondays for six weeks and is taught by a certified Yoga instructor.

Session I: Monday, September 9 4:30-5:30 pm 6 weeks  #511
Session II: Monday, October 28 4:30-5:30 pm 6 weeks  #512

Holman Middle School
Instructor: K O’Keefe
Fee: $40 per session Non-resident $45

BARRE ABOVE

A barre-influenced class that doesn’t use a barre. Instead, you rely on your balance, alignment and biomechanics to use all of your muscles to improve balance, strength, and body awareness. Barre Above fuses the best of pilates, yoga, aerobics, and elements of the strengthening exercises dancers do. Barre Above delivers a results-driven workout which is not only fun and dynamic, but will sculpt your body and get you into shape.

Session I:
Tuesday, September 10 6:00-7:00 pm 6 weeks  #521
Session II:
Tuesday, October 22 6:00-7:00 pm 6 weeks  #522

Holman Middle School
Instructor: J Smith
Fee: $40 per session Non-resident $45

POWER YOGA

Yoga is a fitness program for the body, mind and spirit that can help lower blood pressure, reduce stress and improve coordination, concentration, sleep and digestion. Students engage in stretching and relaxation techniques to improve strength, flexibility and joint mobility. The instructor will be using a combination of yoga techniques including power yoga. Postures allow you to gain flexibility, tone muscles, and enjoy the flow of breath within your body. Students should bring a yoga mat and water bottle to class. Class meets once a week on Wednesdays, and is taught by a certified yoga instructor.

Session I:
Wednesday, September 4 6:30-7:30 pm 6 weeks  #531
Session II:
Wednesday, October 23 6:30-7:30 pm 6 weeks  #532

Holman Middle School
Instructor: L Povis
Fee: $40 per session Non-resident $45
DYNAMIC COMBO – KICKBOXING & STRENGTH TRAINING

Kickboxing is functional in nature. Doing a combination requires your arms and legs to work in sync, anchored by a strong, engaged core. What if you were to up the ante and throw in some dedicated functional strength intervals? You would have one knockout class and a fully functional body! We will merge dynamic combos with functional strength intervals. Class includes a warm up, work phase, core work, cool down and stretch. Class meets on Thursdays for six weeks and is taught by a personal trainer.

Session I:
Thursday, September 5  5:00-6:00 pm  6 weeks  #541
Session II:
Thursday, October 24  5:00-6:00 pm  6 weeks  #542

Holman Middle School
Instructor: L Povis
Fee: $40 Non-resident $45

R.I.P.P.E.D. RUMBLE

An authentic, yet simple to master, cardio mixed martial arts class RUMBLE includes kickboxing, but you will also use a weapon – the RUMBLE stick – which creates a higher degree of training and enhances spatial awareness and endurance. Rumble is created for EVERY body! No martial arts experience required, just a willingness to sweat, a desire to get an incredible workout, and the willingness to have fun on the way!

Session I:
Thursday, September 5  6:00-7:00 pm  6 weeks  #551
Session II:
Thursday, October 24  6:00-7:00 pm  6 weeks  #552

Holman Middle School
Instructor: J Smith
Fee: $40 per session Non-resident $45

WOMEN’S SELF-DEFENSE

Effective self-defense depends more on attitude, skill and prevention than size or strength. We will learn and practice easy-to-learn techniques including how to break free from an attacker. Learn how to survive in seemingly indefensible situations by fighting back and/or escaping. Okinawan Karate instructors will show you how to use leverage, momentum and vital striking points against an assailant – HANDS ON! Wear loose pants and long-sleeved top (like sweats). Participants will remove shoes, socks and jewelry in class. This is a great class for mother-daughter (age 14 and up) to attend together. Visit www.karateSTL.com for more info.

Monday, September 23  5:30-8:30 pm  #560

Holman Middle School
Sharon Basinger, 6th degree Black Belt & Certified Instructor
Fee: $30 Non-resident $35
KARATE (OKINAWAN)
Develop confidence, physical expertise and inner calmness, while improving flexibility and getting a superb workout! A 6th degree black belt, who is an internationally Certified Instructor, teaches hand and foot techniques including throwing and breaking from an attacker. Safety is paramount! This self-defense style of karate is stressed as a martial art rather than a competitive sport. A uniform (gi) will be available for purchase at the first class. Attend Tuesdays and Thursdays for six weeks each session. Visit www.karateSTL.com for more info.

Session I:
Tuesday, September 3  Adults Ages 14+ All Ranks  8:00-9:00 pm  $65  #561
Session II:
Tuesday, October 22 Adults Ages 14+ All Ranks  8:00-9:00 pm  $65  #562

Location: Pattonville Heights Middle School
Sharon Basinger, 6th degree Black Belt & Certified Instructor
Fee: $65  Non-resident pay an additional $5 per session
Note: optional testing and belt fees are extra
BOOK DISCUSSION GROUP #301
Looking for a fun way to enjoy books, stay current, and meet new people? Join our reading group as we discuss a current novel in an entertaining and relaxed atmosphere in the Pattonville High School Library. This lively gathering meets once a month on the third Tuesday. Book recommendations are always welcome and new members can join anytime!

Tuesday, August 20 (first meeting) 7:00-8:30 pm  
High School Library  
Facilitator: L Farkas  
Fee: $15 Non-resident $20

KIDS AND MONEY: RAISING FINANCIALLY RESPONSIBLE CHILDREN
In this class, you will learn fun ideas to improve financial responsibility in your children. Class is divided into two sessions. The Tuesday class will focus on elementary and middle school students, and the Wednesday class will focus on high school and college students. The time for children to learn about money and make mistakes is when they are young and errors in judgement are not as costly as they become older. Parents may sign up for both sessions.

Tuesday, October 8 5:00-6:00 pm  
Wednesday, October 9 5:00-6:00 pm  
Learning Center  
Instructor: A Wollenberg  
Fee: free for Pattonville residents Non-Residents $5

FIGHT AGING WITH DIET, EXERCISE, AND FASTING #304
Would you like to slow the aging process – or even reverse effects of aging? Learn how to reduce age related fat accumulation and muscle loss, plus fasting’s ability to lower risks for age-related diseases. With diet and exercise strategies, it is possible to trigger body rejuvenation! We will discuss dietary supplements with scientific backing or debunked as snake oil. We will cover nature’s superfoods and ways to get them into your daily diet. This class will assist you in creating a lifestyle which can help lower healthcare costs and improve quality of life. Investing in yourself with healthy changes and choices is the best investment you can make – learn easy ways to do it in this lively class.

Thursday, October 10 4:30-6:00 pm  
Learning Center  
Instructor: S Amies  
Fee: Free for Pattonville residents Non-residents $5
MISSOURI PROPERTY TAX CREDIT CLAIM
If you are a Missouri resident age 65 and older or you are disabled, plus you own your home or are a renter, you may be eligible to claim the Missouri Property Tax Credit (Circuit Breaker). There is an income stipulation and experienced volunteers will be available to determine your eligibility, answer your questions and assist you in completing the MO-PTC form. Don’t miss this opportunity to recap monies you have paid! This class is free to Pattonville residents. Spots are filled on a first-come basis and pre-registration is required to attend.

Tuesday, October 15 10:00 am-noon #305
Thursday, November 14 9:00-11:00 am #306
Tuesday, December 10 10:00 am-noon #307
Tuesday, January 14 9:00-11:00 am #308

Learning Center
Fee: free to Pattonville residents Non-Residents $5

DISCOVERING ESSENTIAL OILS #309
Essential oils have enhanced lives for thousands of years, offering a variety of benefits from cosmetic and dietary purposes to spiritual use. In this class, you will learn how to access the power of essential oils through aromatic diffusion, topical application, and dietary consumption. You can use essential oils and blends for diffusion, soothing baths, massage, inhalation, or topical application. Essential oils can inspire a positive emotional state, promote physical wellness, enhance spiritual awareness, purify your home, and refine your beauty routine. In this class, students will be able to sample and learn about the many different scents and what they can be used for. A "make and take" purchase option will be available for $5-$10 (payable to the instructor at class). This is a great opportunity to get a jump on your holiday shopping.

Thursday, October 17 4:30-6:00 pm

Learning Center
Instructor: S Funderburk
Fee: $5 Non-residents $10

FINANCIAL PITFALLS #310
This course not only uncovers the roadblocks that appear along our road to retirement, but explains how to avoid them. It explores planning for the “what-ifs” of our financial lives, how to avoid ‘one size fits all’ advice, and provides an introduction into multi-generational tax, estate and Long-Term Care planning. You will learn: how to keep more of your money by paying less to Uncle Sam, how to pass it on to the next generation as efficiently as possible, and how to avoid blunders along the way. This seminar is free, but registration is required as space is limited.

Tuesday, October 22 5:00-6:00 pm

Learning Center
Instructor: The Foundation for Financial Education
Fee: free to Pattonville Residents Non-Residents $5
TAXES AND THE IRS #311
The new tax law of 2018 significantly changed the landscape of long-term tax planning. This course gives an overview of how the new tax law affects taxpayers, and more importantly, how to take advantage of it. The instructor will dive into tax planning with “Qualified versus Non-Qualified” money, tax planning in retirement, and multigenerational planning as it relates to estate taxes and taxation of heirs. You will learn how to keep what is yours rather than getting it “taxed away”. This seminar is free, but registration is required as space is limited.

Monday, October 28 5:00-6:00 pm
Learning Center
Instructor: The Foundation for Financial Education
Fee: free to Pattonville Residents Non-Residents $5

ESTATE PLANNING #312
Estate planning can be the single best way to make certain the promises you make are promises you keep. This course will teach you how to make a sound estate plan and how to form an estate planning team. With estate planning knowledge, you can ensure your loved ones are taken care of and avoid probate court and unnecessary taxes. This seminar is free to Pattonville residents.

Tuesday, November 12 5:30-7:00 pm
Learning Center
Facilitator: B Padgett
Fee: free to Pattonville residents

PUT ON YOUR BEST FACE #314
In this class, learn how to give yourself a facial and the benefits of good skin care. Participants also learn anti-aging techniques, such as proper cleansing, exfoliation, and moisturizing. Fee includes all facial supplies. Fun activity for you and a friend!

Thursday, November 14 2:30-3:30 pm
Learning Center
Instructor: M Reed
Fee: $10 Non-residents $15

PENSION MAXIMIZATION FOR PUBLIC SCHOOL TEACHERS #315
Missouri Public School Teachers are invited to join this impactful event that takes a deep dive into achieving financial security, pension maximization, and debt/loan forgiveness strategies. We will cover the following:

- Basic Fundamentals on Achieving Financial Security
  - Building Blocks of Financial Security
- Pension Maximization Strategies
  - How does that Pension work and how to maximize the payout!
- Debt/Loan Forgiveness Strategies
  - Do we pay extra towards debt or make the minimums?
  - Facts regarding Loan Forgiveness Program

Tuesday, November 19 4:30-5:30 pm
Fee: free
Instructor: D Kuhlmann
TEACHERS AND CLASS SUGGESTIONS

In order to expand the Community Education Program with interesting opportunities, your suggestions would be appreciated. Tell us what interests you. Help us plan future courses. Email info to mreed@psdr3.org or fill out the form below and mail to:

Mary Reed
Pattonville Community Education
11097 St. Charles Rock Road
St. Ann, MO 63074
Or email me at: mreed@psdr3.org

Name ____________________________________________

Address ____________________________________________

Email ___________________________ Phone ___________________________

I am qualified and interested in teaching the following courses:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

If not interested in teaching - - do you have some course suggestions? If so, please list below:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________
AVAILABLE TO PATTONVILLE RESIDENTS

PARENTS AS TEACHERS PROGRAM

Pattonville Early Childhood offers FREE developmental screenings for any child aged 3 months through kindergarten entry through the Parents as Teachers program. Screenings can show if your child is developing typically for his/her age, and can uncover any concerns. Sign up for your child’s screening at https://sites.google.com/psdr3.org/pat

The screening includes an assessment in the following areas: motor, concepts, language, self-help skills, social emotional development, health, hearing and vision. Certified Parent Educators provide parents with child development knowledge and specific when, what, how and why advice for families. By understanding what to expect during each stage of development, parents can easily capture the teachable moments in everyday life to enhance their child’s language development, intellectual growth, social development and motor skills. All district residents are eligible for these services free of charge. For further information call (314) 213-8100.

HIGH SCHOOL EQUIVALENCY & BASIC READING AND MATH SKILLS

Free High School Equivalency and Literacy classes are available for anyone 17 years of age or older who is not currently enrolled in high school. Teachers and tutors can help you prepare for the High School Equivalency exam or improve your reading, writing, and math skills. Night classes are held at Pattonville High School on Tuesdays and Thursdays from 5:30 to 8:30 pm. Morning classes are located at Faith Baptist Church, 12061 Natural Bridge Road in Bridgeton from 9:00 am to noon, Monday through Thursday. Afternoon classes are available at Fern Ridge High School, 1:00-4:00 pm, Monday through Thursday. All books and materials are provided free of charge. To enroll and find out orientation dates, please call or text (314) 415-4940.

ENGLISH AS A SECOND LANGUAGE

Free Adult English as a Second Language classes are offered at Faith Baptist Church, 12061 Natural Bridge Road in Bridgeton, from 9:00 am to noon Monday through Thursday. Afternoon classes are available at Fern Ridge High School, 13157 North Olive Spur Road, from 1-4 pm Monday through Thursday. Evening classes are available from 6-9 pm at Fern Ridge High School Monday through Wednesday. Classes include speaking, listening, reading, writing, grammar, vocabulary, and culture. To enroll and get registration dates, please call or text (314)415-4940.

Oasis

Oasis is an intergenerational tutoring program that matches trained volunteer tutors with elementary school students who have underdeveloped reading and language skills. Training sessions are free and take place in January and September for people interested in tutoring in districts throughout the St. Louis area. Pattonville is currently in its 29th year of Oasis tutoring and is always looking for more generous and dedicated volunteers. Tutors can work with students in kindergarten through third grade in any of the district's elementary schools or Remington Traditional School. Those interested in tutoring in Pattonville can call (314) 213-8025 for training dates, locations and more information. To register or to find out more information about a different district, please call (314) 995-9506.
By Mail:
Send registration form from this brochure with your credit card information or check made payable to Pattonville School District, to Community Education, 11097 St. Charles Rock Road, St. Ann, MO 63074. MasterCard, Visa, and Discover are accepted.

By Telephone:
You may register by telephone using a credit card by calling (314) 213-8094.

By FAX:
You may register by fax using a credit card by dialing (314) 213-8695.

In Person:
Completed registration forms may be dropped off at the Pattonville Learning Center between the hours of 8 am–4 pm or by appointment by calling 213-8094.

COURSE ACTIVITY: ______________________  COURSE NO: ______

NAME: _______________________________________________________

ADDRESS: ____________________________________________________

PHONE: _________________  ALT PHONE: _________________________

EMAIL: ______________________________________________________

CREDIT CARD #  □ Visa  □ MasterCard  □ Discover

EXP. DATE ____________  CVS CODE ______

□ PATTONVILLE RESIDENT

□ NON-PATTONVILLE RESIDENT

□ SENIOR CITIZEN (55+ YEARS)
By Mail:
Send registration form from this brochure with your credit card information or check made payable to Pattonville School District, to Community Education, 11097 St. Charles Rock Road, St. Ann, MO 63074. MasterCard, Visa, and Discover are accepted.

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NAME: ____________________________________________________________

ADDRESS: __________________________________________________________________________

PHONE: ______________________ ALT PHONE: ______________________

EMAIL: ______________________________________________________________________________

CREDIT CARD # ____________  □ Visa  □ MasterCard  □ Discover

EXP. DATE ___________  CVS CODE ______

□ PATTONVILLE RESIDENT

□ NON-PATTONVILLE RESIDENT

□ SENIOR CITIZEN (55+ YEARS)
Pattonville Board of Education
Tim Pecoraro, Ed. D.
Superintendent of Schools

Andrea D. Glenn, President
Dr. Brian J. Gray, Vice President
Mindy M. Ridings, Secretary
Mary Kay Campbell, Treasurer
Ruth A. Petrov, Director
Jeanne M. Schottmueller, Director
Dr. Amanda Lienau Purnell, Director

Community Education Personnel

Patricia Gould, Director
213-8095
gould@psdr3.org

Mary Reed, Coordinator
213-8094
mreed@psdr3.org

Crystal Neff, Secretary
213-8096
neff@psdr3.org