Continuing Education

SPRING 2019

→ Scott Gallagher Soccer Clinic  
→ Puterbugs Preschool Camp  
→ Steambot Spring Break Camp  
→ Jewelry Making Camp  
→ My Plate  
→ Calling All Young Entrepreneurs!  
→ Tai Chi Fit  
→ Develop Your “Best Self”

→ Fasting for Health  
→ Kids and Money  
→ Financial Pitfalls  
→ Taxes and the IRS  
→ Estate Planning  
→ Coupons 101  
→ Put Your Best Face On

www.psd3.org   (314) 213-8094
ADMISSION TO PROGRAM:
Classes are open to both residents and non-residents of Pattonville School District.

COURSE FEES:
Each class description includes a cost for the course. In some instances there are additional materials fees. These are extra and are not included in the course fee. Material fees must be paid separately at the time of registration unless otherwise stated in class description. Non-resident fees are not included in any discounts.

REGISTRATION
You may register by mail, fax, or phone. Mail your completed registration form to our office at 11097 St. Charles Rock Road, St. Ann, MO 63074, or fax it to us at 213-8695. You may call our office at 213-8094 to register by phone. Each course requires a minimum number of participants in order for the class to be offered, so it is best to register at least ten days prior to the start of class. Registrations received less than 48 hours prior to the start of class are subject to a $5 late registration fee.

PAYMENT
We accept Visa, MasterCard, Discover, or checks made out to “Pattonville School District”. A separate check must be written for each class. Payment must be received prior to the start of class to avoid a ‘late payment’ fee.

REFUND POLICY:
Fees are refunded when there is insufficient enrollment and the class must be cancelled. No refunds after class starts, and refunds are not made for classes missed by student. Refunds or credits will not be given for customer cancellations made less than seven days before the start of class. Customer-requested refunds of $20 or less will be credited to the customer’s account for future programs.

GOLDEN DISCOUNT:
Adults over 55 may receive a $10 discount on their registration fees on selected courses over $25. Material fees and non-resident fees are not included in this discount.

CANCELLATION OF CLASSES:
Classes will not be held if Pattonville Schools are closed or dismissed early because of inclement weather or emergency. If in doubt, call the Community Education Office, 213-8094 or 213-8095, or visit our website at www.psdr3.org.
INSIDE THIS ISSUE
SPRING 2019 Table of Contents

AQUATICS PROGRAMS ..........Page 4
FAST-Pirates Swim Lessons
FAST-Pirates Swim Team
Clayton Diving Alliance

YOUTH PROGRAMS..............Page 5
Scott Gallagher Soccer Clinic NEW!
Puterbugs Preschool Camp NEW!
Steambot Spring Break Camp NEW!
Baseball Hitting Clinic
Youth Self Defense & Stranger Danger
Karate
Baton Twirling
Jewelry Making Camp NEW!
My Plate NEW!
Golf at Berry Hill
Calling All Young Entrepreneurs! NEW!
Chess Camp –WB
Building Social Skills for Success
Mad Science-RA
Swim Classes for Elementary Students
Bridgeway Before & After School Club
Remington Before & After School Club
Teen After-School Club
Youth Activities & Athletics
Mad Science Summer Camp

FITNESS...............................Page 10
Beginning Yoga
Power Yoga
Muscle Mix
Tai Chi Fit NEW
Women’s Self-Defense
Karate

PERSONAL ENRICHMENT........Page 13
PSRS Retirement Seminar
PEERS Retirement Seminar
Book Discussion Group
Develop Your “Best Self” NEW!
Fasting for Health NEW!
Discovering Essential Oils
Kids and Money NEW!
Financial Pitfalls NEW!
Taxes and the IRS NEW!
Estate Planning NEW!
Coupons 101 NEW!
Put Your Best Face On NEW!
How Do I Use My iPad?
Social Media
Facebook
Facebook for Business

MISCELLANEOUS: ..............Page 14
Parents as Teachers Program
GED/Basic Reading & Math Skills
English As A Second Language
OASIS Information
Teachers Wanted/Suggestions

REGISTRATION
INFORMATION:.....................Page 21

TABLE OF CONTENTS • • • • • • • • • • • • • • • • • • • • • • • • • • Page 3
Pattonville School District partners with area swim clubs to provide additional swimming and diving opportunities for the Pattonville families. These programs will be provided through FAST Swim Club and the Clayton Diving Alliance. FAST-Pirates is a satellite program of FAST; a nationally recognized Silver Medal USA Swimming Club that serves the greater St. Louis area. Currently over 300 athletes of different ages and ability levels are members of the FAST family. Whether your goals are focused on water safety, exercise, scoring points at high school conference or state, or going to Olympic Trials, FAST has a place for you! FAST-Pirates offers both Swim Lessons and a Competitive Swim Program at Pattonville High School.

Start ‘em Early, start 'em FAST!

FAST-Pirates Swim Lessons

Our lesson program covers not only basic water safety and proficiency in the water, but also teaches the four competitive strokes: butterfly, backstroke, breaststroke, and freestyle. It is the perfect lesson program for anyone who wants to be safe around the water and/or has the desire to swim competitively in the future. Lessons are for swimmers age 3 years and older. Class sizes are kept small to allow for the most individual instruction possible.

FAST-Pirates Swim Team

Since its start in 2003, FAST has quickly risen to an elite level of competition within the Ozark division and has become one of the most dominant teams in the area through their top finishes in championship meets in all age ranges. FAST-Pirates will offer the same FAST experience as its South County counterpart but will be more convenient to people living North of Highway 40. Swimmers will be placed in groups based on their age and ability levels. The Age Group Program will consist of athletes between the ages of 8 & 12 who are legal in all four competitive strokes. The Senior Program is for athletes who are capable of swimming all four competitive strokes and who are over the age of 13.

Check out our website www.fast-swimming.com and click on the FAST-Pirates tab for more information about pricing and availability! If you have any questions about the program that can’t be found on the website please contact our Business Manager Angie Dorsey at adorsey@fast-swimming.com.

CLAYTON DIVING ALLIANCE

The Clayton Diving Alliance (“CDA”) was established in 1980 and runs year-round diving practices and lessons at several locations in the St. Louis area. CDA works with beginners, intermediate divers, and advanced divers. The younger athletes learn the proper fundamentals of diving; many of the older athletes excel at diving at the high-school level; CDA’s best divers compete nationally against the top divers in the country. Every year CDA graduates divers who go on to dive in college. The program’s goal is to provide high-quality coaching and the opportunity to compete, at an affordable cost.

Costs are charged by the session and are calculated based on the number of practices per week that each diver participates in.

Rates range from $9-$11 per practice depending on the length of the specific practice(s) attended.

To register for the Spring 2019 session, call Ron Hobbs at 314-308-5525

For more information about diving instruction, please visit the CDA website at www.claytondiving.com. You can let CDA know you are interested by clicking on the “indoor diving” link on the website and providing requested information.

Limited scholarship availability: Clayton Diving Alliance will provide scholarships for a limited number of Pattonville students with demonstrated financial need.
SCOTT GALLAGHER SOCCER CLINIC
Ages 2-14
Pattonville School District and St Louis Scott Gallagher Soccer Club are excited to partner and offer indoor soccer clinics to Pattonville residents and students. SLSG Juniors Program is an introduction to soccer designed for players age 2-14. Scott Gallagher coaches and players will lead the clinics, and participants will be grouped by age and skill levels. The focus will be on ball skills, developing proper technique, building confidence on the soccer field, physical development, and most importantly, having fun. Clinic meets on Saturdays for five weeks.
No camp January 19.

Start Date: Saturday, January 5

- Age 2-5: 9:00-9:45 am
- Age 6-10: 10:00-11:15 am
- Age 11-14: 11:30 am-12:45 pm

Fee: $25 Non-Residents $30
Instructors: Scott Gallagher Coaches
Location: Pattonville Heights Middle School Gym

SPRING BREAK PUTERBUGS PRESCHOOL CAMP #622
Ages 3-5
In this camp, preschoolers will learn skills starting with proper tech etiquette and including basic file navigation, Internet, keyboarding skills, mobile apps and cloud computing. Camp meets Monday through Thursday, for thirty minutes each day. Campers will get a healthy foundation in a safe environment interacting with technology.

March 18-21, 9:30-10:00 am
Pattonville Learning Center Instructor: Computer Bryte Kids staff
Fee $30 Non-resident $50

SPRING BREAK STEAMBOT CAMP #623
Grades K-3
Coding is becoming as fundamental to work, education, and culture as literacy was in earlier centuries. In this camp, students learn to code with robots as a form of self-expression. Camp meets Monday through Thursday the week of Spring Break for one hour each day.

March 18-21, 10:30-11:30 am
Pattonville Learning Center Instructor: Computer Bryte Kids staff
Fee $35 Non-resident $55

BASEBALL HITTING CLINIC – Grades 3-8
Do you want to improve your hitting performance? Batting cages are a great tool to increase your timing and work on your hitting stance. Get ready for the upcoming season by improving your skills in our batting cages. Students should bring their own bats and gloves. Class meets on Thursday’s for five weeks.

Teams are welcome – register early – slots fill fast!

- 3rd grade: Thursday, January 3, 6:00-7:00 pm
- 4th & 5th grade: Thursday, January 3, 7:00-8:00 pm
- 6th, 7th & 8th grade: Thursday, January 3, 8:00-9:00 pm

Pattonville High School J Basta & J Payne
Fee: $45 Non-resident $50 $80 for two children, same family
This class will stress upon your child the importance of knowing how to stay safe, how to avoid possible dangerous situations, and ways to break free from a bully or abductor. Emphasis is on prevention, awareness, boundaries and whom to trust -- in a safe, positive and FUN atmosphere. Okinawan Karate instructors will describe the different types of strangers there are, how to keep their distance and what to do if they become a target – HANDS ON! It's not about size or strength but attitude and the right moves. Students should wear loose pants that do not hit the floor and long-sleeved shirt or sweats. Participants will remove shoes, socks and all jewelry in class. Visit www.karateSTL.com for more info.

Grades K-4   Monday, January 14   5:30-7:30 pm
Location: Holman Middle School Instructor: Sharon Basinger, 6th degree Black Belt & Certified Instructor Fee: $25 Non-residents $30

KARATE (OKINAWAN)
Develop confidence, self-control and a calmness that can overcome fears, while learning self-defense and having FUN! A 6th degree black belt, who is an internationally Certified Instructor, teaches hand and foot techniques including throwing and breaking free FROM AN ATTACKER. Karate can help children improve concentration and appropriately channel their energy in every aspect of life. Safety is always paramount! This defense-oriented style of karate is stressed as a martial art rather than a competitive sport -- no tournaments, no trophies, NO LOSERS – focus is on encouragement, not intimidation. Attend Tuesdays and Thursdays except as noted. Each session is six weeks. A uniform (gi) is required and available for purchase at the first class. Visit www.karateSTL.com for more info.

Session I: Tuesday, January 8
Ages 7-13 Apprentice & Beginning  5:00-6:00 pm  $40 (Tues. only)   #628
Ages 7-13 Intermediate  6:00-7:00 pm  $65 (T & Th)   #629
Ages 7-13 Advanced  7:00-8:00 pm  $65 (T & Th)   #630
Adults Ages 14 and up  8:00-9:00 pm  $65 (T & Th)   #531
Thursday, January 10
Ages 4-6 All Ranks  5:00-6:00 pm  $40 (Thurs. only)   #631

Session II: Tuesday, February 26
Ages 7-13 Apprentice & Beginning  5:00-6:00 pm  $65 (Tues. only)   #632
Ages 7-13 Intermediate  6:00-7:00 pm  $65 (T & Th)   #633
Ages 7-13 Advanced  7:00-8:00 pm  $65 (T & Th)   #634
Adults Ages 14 and up  8:00-9:00 pm  $65 (T & Th)   #562
Thursday, February 28
Ages 4-6 All Ranks  5:00-6:00 pm  $40 (Thurs. only)   #635

Session III: Tuesday, April 23
Ages 7-13 Apprentice & Beginning  5:00-6:00 pm  $65 (Tues. only)   #636
Ages 7-13 Intermediate  6:00-7:00 pm  $65 (T & Th)   #637
Ages 7-13 Advanced  7:00-8:00 pm  $65 (T & Th)   #638
Adults Ages 14 and up  8:00-9:00 pm  $65 (T & Th)   #563
Thursday, April 25
Ages 4-6 All Ranks  5:00-6:00 pm  $40 (Thurs. only)   #639
Location: Pattonville Heights Middle School Sharon Basinger, 6th degree Black Belt & Certified Instructor Non-residents pay an additional $5 per session Note: rank testing and belt fees are extra

BATON TWIRLING
(BEGINNING OR INTERMEDIATE) GRADES K-12
Get experienced instruction on the art of baton twirling from members of The Sugarettes, Missouri State Baton Twirling Champions. Students will be measured for batons the first night of class, and batons will be available for a cost of $26. All experience levels are welcome, and students will have the opportunity to advance their skills to perform and compete with the Missouri State Champion Sugarettes Twirling Team. This class meets each Wednesday.

Session I: Wednesday, January 9  6:00-7:00 pm  6 weeks   #640
Session II: Wednesday, February 27  6:00-7:00 pm  6 weeks   #641
Bridgeway School Instructor: Sugarettes Twirlers Fee $40 Non-resident $45 (no discounts on this class)
JEWELRY MAKING FOR GRADES 3-5 #642
This camp will introduce students to the basic techniques for jewelry assembly and design. Our young designers will choose from a large selection of beads and materials to create bracelets, necklaces, rings and earrings. They will be challenged to use the tools of the trade: chain nose and round nose pliers, wire cutters, needle nose pliers, cutters, scissors, and crimpers. This camp is a fun opportunity to work on fine motor skills. Supplies are included in class fee. Elementary School is not in session on Friday, February 15.

February 15 10:00 am-noon
Pattonville Learning Center Instructor: M McKeever
Fee $15 Non-resident $20

MY PLATE #643
Everything you eat and drink matters. The right mix can help to be healthier now and into the future. Students will identify components of a healthy lifestyle based on the principles from MyPlate. We will discuss food variety, amount, and nutrition. Students will learn healthy eating basics. Class is offered on early dismissal days and pre-registration is required for this free class.

Grades K-5 Friday, April 12 1:00-2:00 pm
Location: Learning Center
Instructors: BJC School Outreach and Youth Development Staff
Fee: free - pre-registration is required

GOLF CLINIC AT BERRY HILL (ages 7-14)
Four golf lessons will be given. They will include a combination of two swing lessons, a putting lesson and a chipping lesson. These lessons will give the student a well-rounded series of the basic fundamentals of golf to get started and enjoy the game of golf. Clinic meets either on Wednesday or Thursday for four weeks. Play Days are offered on two Saturdays to give students the opportunity to play, test their new skills and enjoy playing the game of golf. Lessons are taught by professional golf pros at Berry Hill Golf Course. Students may sign up for the Wednesday or Thursday session, but not both, due to the popularity of this clinic.

Start Date: Wednesday, April 17 4:30-5:15 pm 4 Wednesdays #644
Start Date: Thursday, April 18 4:30-5:15 pm 4 Thursdays #645
Location: Berry Hill Golf Course (in Bridgeton)
Fee: $40 Non-resident $45
(Game days will be Saturdays, May 4 and 11). $12 in green fees will be paid to Berry Hill on these game days and is not included in the registration fee. Tee times will be at approximately 3:00 pm on game days)

CALLING ALL YOUNG ENTREPRENEURS! (ages 10-14) #646
Did you know there are self-made millionaires aged ten years old? In today’s world, if one has a good idea, a great business plan, and hard work, they can learn to “make a job – don’t just take a job”. This camp will discuss how to get started and cover the values and vision to pursue dreams and change the mindsets of young people, so they believe in themselves and what they can accomplish. It will help prepare students for success in the workplace and in life. This camp is on an early dismissal day.

Friday, March 8 1:00-3:00 pm
Location: Learning Center
Fee: $10 Non-resident $15

WILLOW BROOK CHESS CAMP #647
Willow Brook – after school camp for Grades 3-5
This camp is run by a Willow Brook parent volunteer who has taught and coached chess teams at the elementary and high school level. Each week, camp will start with fifteen minutes of teaching and the rest of the camp will be playing chess, using new skills learned. New chess players are welcome, as we will learn the fundamentals of chess, good sportsmanship, and practice playing with peers. All equipment and supplies are provided. Class meets once a week for ten weeks after school. Registration is limited to 16 players, so register early.

Willow Brook Tuesday, January 15 3:40-4:40 pm 9 wks
Fee: $20 for Willow Brook students Instructors: B Bish
BUILDING SOCIAL SKILLS FOR SUCCESS
Grades 1-5
Bridgeway, Drummond, Parkwood – after-school camp
Help your child promote productive/positive interactions with others. This three-day camp will focus on a different topic each day – social interactive skills, self esteem building and resolving conflict in a positive manner. Students will learn through practice and interactive games, traits such as: listening effectively, manners, different responses to social situations, managing stress, controlling emotions and behavior, being respectful of differences, improved nonverbal communication, exploring options for resolution, positive self-talk, hopeful statements, re-labeling upsetting thoughts, and encouraging oneself. Class meets after school for three days, Tuesday through Thursday. Camp is free, but preregistration is required, as this camp fills quickly.

Bridgeway Tuesday-Thursday, January 29, 30, 31 3:40-5:00 pm #648
Parkwood Tuesday-Thursday, February 5, 6, 7 3:40-5:00 pm #649
Drummond Tuesday-Thursday, February 26, 27, 28 3:40-5:00 pm #650
Fee: Free for Pattonville residents Instructors: Ranken Jordan Staff

ROSE ACRES MAD SCIENCE – EXTRAORDINARY LABORATORY
(K-5) #651
Excite your senses with a Mad Scientist and some electrifying laboratory experiments. Learn about electricity and make thunder and lightning indoors with our electro-static generator. What you see is not always what you get with our eye-popping optical illusions. Discover the wonders of color and light, and see how one small device can turn a plain classroom into a world of color. Experience the powers and uses of magnets through fun hands-on experiments. Investigate how thermometers work as we uncover the power of heat! Camp meets after school on Wednesdays.
Rose Acres Wednesday, January 30 3:40-4:40 pm 6 wks
Instructors: Mad Scientists Staff
Fee: $85 Non-resident $90

SWIM CLASSES FOR MIDDLE AND ELEMENTARY STUDENTS
A flyer with detailed information will be sent home with students as soon as the dates are confirmed. You can visit the Pattonville Community Education Facebook page to get up-to-date information on swim and other classes for youth.

BRIDGEWAY BEFORE & AFTER-SCHOOL CLUB – K-5
Pattonville School District is excited to offer a quality and affordable before and after school program at Bridgeway Elementary School. Enrollment is limited to students attending Bridgeway. This will provide our families with a safe and enriching environment for their children before and after school by allowing students to participate in healthy and fun activities. Students will socialize with friends, participate in after school activities, recreational activities and receive help with homework. To receive a registration application to this program, please call 213-8095 or email Patty Gould at pgould@psdr3.org.

Bridgeway Elementary School Monday–Friday (on school days)
Before School Club times: 6:30-8:35 am Fee: am only-$175/month
After School Club times: 3:35-6:00 pm Fee: pm only - $195/month
Fee: am & pm both - $260
Registration Fee - $30
REMINGTON TRADITIONAL BEFORE & AFTER-SCHOOL CLUB–K-8
Pattonville School District is excited to offer a quality and affordable before and after school program at Remington Traditional School. Enrollment is limited to students attending Remington Traditional. This will provide our families with a safe and enriching environment for their children before and after school by allowing students to participate in healthy and fun activities. Students will socialize with friends, participate in after school activities, recreational activities and receive help with homework. To receive a registration application to this program, please call 213-8095 or email Patty Gould at pgould@psdr3.org

Remington Traditional School  Monday–Friday (on school days)
Before School Club times:  6:30-8:00 am  Fee: am only - $175/month
After School Club times:  3:00-6:00 pm  Fee: pm only - $195/month
Fee: am & pm both - $260
Registration Fee - $30

P-TAC PATTONVILLE TEEN AFTER-SCHOOL CLUB
P-TAC is a quality and affordable after-school program at Pattonville Heights Middle School. Enrollment is limited to those 6th, 7th and 8th grade students attending Pattonville Heights or Holman. Holman students are bused to Heights on a Pattonville bus. This provides our families with a safe and enriching environment for their children after school by allowing students to participate in healthy and fun events when school is not in session. Students will socialize with friends, become involved with clubs or leagues, open gym, and receive assistance with homework. To receive a registration application to this program, please call 213-8095 or email Patty Gould at pgould@psdr3.org

Pattonville Heights Middle School  Monday–Friday (on school days)
3:00-6:00 pm  Fee: $195 per month
Registration Fee - $30

KEEP UPDATED ON YOUTH ACTIVITIES AND ATHLETICS
Pattonville offers an opt-in enewsletter to share information about activities and athletics for students in the district and the community.

To sign up to receive the updates, go online and subscribe at www.psd3.org/subscribe.

COMING SOON – SUMMER CAMPS 2019
MAD SCIENCE “MAKE IT” ALL DAY SUMMER CAMP
June 17-21
Location to be determined
Fee: $220

Roll up your sleeves, put on your makers cap, and get ready to create! This is our most hands-on camp! Campers will build their very own geodesic dome large enough for the entire camp to sit in. Who can build the strongest bridge? Can your bridge withstand the shake rattle and roll challenge? Explore the world of birds and beasts with birdhouse building and our super bug investigation. Speaking of birds, what did Hooty the owl have for dinner? A mouse? A Squirrel? A Frog? Kids will dissect owl pellets and reconstruct Hooty’s dinner. Enter the Mad Science chemistry lab and mix, mash, and brew concoctions to create cool sidewalk chalk and bath fizzers! Assemble and control pulleys, levers, catapults, simple machines, and megapinchers! Campers will discover the wonders of photography and make their own chromatography-dyed T-shirt. It’s a week packed with non-stop science fun!
BEGINNING YOGA
This approach to yoga eases you into fitness and flexibility by learning the basics of yoga and understanding how breathing and postures are linked together. Yoga poses will be taught in a way that students can participate at their own level of ability. Create a more fluid body and reduce stiffness in your muscles and joints by learning proper alignment and lengthening your spine. Students should bring a yoga mat to class. Class meets on Mondays for six weeks and is taught by a certified Yoga instructor.

Session I: Monday, January 7  4:30-5:30 pm   6 weeks   #511
Session II: Monday, March 4  4:30-5:30 pm   6 weeks   #512
Holman Middle School Instructor: K O’Keefe
Fee: $40 per session Non-resident $45

POWER YOGA
Yoga is a fitness program for the body, mind and spirit that can help lower blood pressure, reduce stress and improve coordination, concentration, sleep and digestion. Students engage in stretching and relaxation techniques to improve strength, flexibility and joint mobility. The instructor will be using a combination of yoga techniques including power yoga. Postures allow you to gain flexibility, tone muscles, and enjoy the flow of breath within your body. Students should bring a yoga mat and water bottle to class. Class meets once a week on Wednesdays, and is taught by a personal trainer.

Session I: Wednesday, January 9  6:30-7:30 pm   6 weeks   #521
Session II: Wednesday, February 20  6:30-7:30 pm   6 weeks   #522
Holman Middle School Instructor: L Povis
Fee: $40 per session Non-resident $45

MUSCLE MIX
Mix it up to keep the muscle gains coming! Step up your strength training with this intermediate level workout. Focus will be on head-to-toe toning, strengthening, and core development. Students should bring a mat, water, and 3-5 pound weights to class. Class meets on Thursdays for six weeks and is taught by a personal trainer.

Session I: Thursday, January 10  5:00-6:00 pm   6 weeks   #531
Session II: Thursday, February 28  5:00-6:00 pm   6 weeks   #532
Holman Middle School Instructor: L Povis
Fee: $40 Non-resident $45

TAI CHI FIT
Tai chi is often described as "meditation in motion," and there is growing evidence that this mind-body practice, which originated in China as a martial art, has value in treating or preventing many health problems. And you can get started even if you aren't in top shape or the best of health. Tai Chi movements are usually circular and never forced, the muscles are relaxed rather than tensed, the joints are not fully extended or bent, and connective tissues are not stretched. Tai chi can be easily adapted for anyone, from the most fit to people confined to wheelchairs or recovering from surgery. Class meets on Tuesdays for six weeks and is taught by a nationally certified Tai Chi Instructor.

Session I: Tuesday, January 8  4:30-5:20 pm   6 weeks   #541
Session II: Tuesday, February 19  4:30-5:20 pm   6 weeks   #542
Holman Middle School Instructor: T Pasley
Fee: $40 per session Non-resident $45

FITNESS
WOMEN’S SELF-DEFENSE

Effective self-defense depends more on attitude, skill and prevention than size or strength. We will learn and practice easy-to-learn techniques including how to break free from an attacker. Learn how to survive in seemingly indefensible situations by fighting back and/or escaping. Okinawan Karate instructors will show you how to use leverage, momentum and vital striking points against an assailant – HANDS ON! Wear loose pants and long-sleeved top (like sweats). Participants will remove shoes, socks and jewelry in class. This is a great class for mother-daughter (age 14 and up) to attend together.
Visit www.karateSTL.com for more info.

Monday, January 28 5:30-8:30 pm #560
Holman Middle School
Sharon Basinger, 6th degree Black Belt & Certified Instructor
Fee: $30 Non-resident $35

KARATE (OKINAWAN)

Develop confidence, physical expertise and inner calmness, while improving flexibility and getting a superb workout! A 6th degree black belt, who is an internationally Certified Instructor, teaches hand and foot techniques including throwing and breaking from an attacker. Safety is paramount! This self-defense style of karate is stressed as a martial art rather than a competitive sport. A uniform (gi) will be available for purchase at the first class. Attend Tuesdays and Thursdays for six weeks each session.
Visit www.karateSTL.com for more info.

Session I:  Tuesday, January 8 Adults Ages 14+ All Ranks 8:00-9:00 pm $65 #561
Session II:  Tuesday, February 26 Adults Ages 14+ All Ranks 8:00-9:00 pm $65 #562
Session III: Tuesday, April 23 Adults Ages 14+ All Ranks 8:00-9:00 pm $65 #563

Pattonville Heights Middle School
Sharon Basinger, 6th degree Black Belt & Certified Instructor
Fee: $65 Non-resident pay an additional $5 per session
Note: optional testing and belt fees are extra
RETIREMENT STRATEGY WORKSHOP
FOR SCHOOL DISTRICT EMPLOYEES

If you work for a school district that participates in either the PEERS or PSRS retirement program, this workshop is for you. Whether you plan to retire this year or within the next few years, you will be better able to determine the right time to retire and how to make the best decisions associated with retirement. The topics covered are: developing your retirement planning timeline; Missouri laws, benchmarks, and concepts; purchasing service credit; monthly pension option strategies; partial lump sum option strategies; and related social security concepts. Retirement is one of the biggest and most important decisions you will make in a lifetime – do it right so you have no regrets. The January 8 workshop is for PSRS members and the January 10 workshop is for PEERS members. This workshop presenter is a former Pattonville educator/administrator.

Tuesday, January 8 (PSRS)  4:30-5:30 pm  #301
Thursday, January 10 (PEERS)  4:30-5:30 pm  #302
Learning Center K Klusmeyer, Educator Pension Resources
Fee: Free to school district employees

RETIREMENT QUESTIONS TO ASK
BEFORE YOU TAKE THE LEAP #303

Retirement, is without a doubt, one of the biggest decisions you will ever make. Therefore, it makes sense to do your research and learn as much as you can before making such a monumental decision. Questions commonly asked about retirement decisions including when should I take Social Security, should I take my pension as a lump sum, should my financial advisor be a fiduciary, and more. This one-night class is a great place to begin your journey.

Thursday, March 28     5:00-7:00 pm
Learning Center Instructor: J Malon
Fee: $10 Non-residents $15

BOOK DISCUSSION GROUP #304

Looking for a fun way to enjoy books, stay current, and meet new people? Join our reading group as we discuss a current novel in an entertaining and relaxed atmosphere in the Pattonville High School Library. This lively gathering meets once a month on the third Tuesday. Book recommendations are always welcome and new members can join anytime!

Tuesday, January 15 (first meeting)  7:00-8:30 pm
High School Library Facilitator: L Farkas
Fee: $15 Non-resident $20
DEVELOP YOUR “BEST SELF” #305

Looking for professional and personal growth opportunities? Join us as we discuss a different selection each month geared toward self- and professional improvement. We will share ideas and what is new in our respective fields to teach, motivate and inspire ourself and others. Group meets the third Thursday of each month from January to May. Book recommendations are always welcome and new members can join anytime! January reading selection will be chosen before the end of December. Students are responsible for getting their own book each month. New members can join anytime.

Thursday, January 17 (first meeting) 5:00-6:30 pm
Learning Center Facilitator: J Greenwell
Fee: $15 Non-resident $20

FASTING FOR HEALTH

Would you like to learn about a way to delay aging, prevent disease, and assist your body in staying younger? This class will teach you about periodic fasting – how it positively affects the body and the recent science about its antiaging and disease prevention effects. We will discuss the fasting mimicking diet technique that simulates fasting by changing your diet for just four days at a time and how your body responds by metabolizing fat and entering into a regenerating and a rejuvenating phase. This informative class may be just what you need to “jumpstart” your body’s healing abilities and shed some excess body fat in the process. Registrants may attend both sessions.

Thursday, January 24 4:30-6:00 pm #320
Thursday, February 21 4:30-6:00 pm #321
Learning Center Instructor: S Amies
Fee: $5 each session Non-residents $10 each session

DISCOVERING ESSENTIAL OILS #307

Essential oils have enhanced lives for thousands of years, offering a variety of benefits from cosmetic and dietary purposes to spiritual use. In this class, you will learn how to access the power of essential oils through aromatic diffusion, topical application, and dietary consumption. You can use essential oils and blends for diffusion, soothing baths, massage, inhalation, or topical application. Essential oils can inspire a positive emotional state, promote physical wellness, enhance spiritual awareness, purify your home, and refine your beauty routine. In this class, students will be able to sample and learn about the many different scents and what they can be used for. A “make and take” purchase option will be available for $5-$10 (payable to the instructor at class).

Thursday, April 11 4:30-6:00 pm
Learning Center Instructor: S Funderburk
KIDS AND MONEY:
RAISING FINANCIALLY RESPONSIBLE CHILDREN

In this class, you will learn fun ideas to improve financial responsibility in your children. Class is divided into two sessions. The Tuesday class will focus on elementary and middle school students, and the Wednesday class will focus on high school and college students. The time for children to learn about money and make mistakes is when they are young and errors in judgement are not as costly as they become older. Parents may sign up for both sessions.

Tuesday, March 26     5:00-6:00 pm    #308
Wednesday, March 27    5:00-6:00 pm    #309
Learning Center Instructor: A Wollenberg
Fee: free for Pattonville residents Non-Residents $5

FINANCIAL PITFALLS #310

This course not only uncovers the roadblocks that appear along our road to retirement, but explains how to avoid them. It explores planning for the “what-ifs” of our financial lives, how to avoid ‘one size fits all’ advice, and provides an introduction into multi-generational tax, estate and Long-Term Care planning. You will learn: how to keep more of your money by paying less to Uncle Sam, how to pass it on to the next generation as efficiently as possible, and how to avoid blunders along the way. This seminar is free, but registration is required as space is limited.

Wednesday, April 3    5:00-6:00 pm
Learning Center Instructor: The Foundation for Financial Education
Fee: free to Pattonville Residents Non-Residents $5

TAXES AND THE IRS #311

The new tax law of 2018 significantly changed the landscape of long-term tax planning. This course gives an overview of how the new tax law affects taxpayers, and more importantly, how to take advantage of it. The instructor will dive into tax planning with “Qualified versus Non-Qualified” money, tax planning in retirement, and multigenerational planning as it relates to estate taxes and taxation of heirs. You will learn how to keep what is yours rather than getting it “taxed away”. This seminar is free, but registration is required as space is limited.

Wednesday, April 10    5:00-6:00 pm
Learning Center Instructor: The Foundation for Financial Education
Fee: free to Pattonville Residents Non-Residents $5
**ESTATE PLANNING #312**

Estate planning can be the single best way to make certain the promises you make are promises you keep. This course will teach you how to make a sound estate plan and how to form an estate planning team. With estate planning knowledge, you can ensure your loved ones are taken care of and avoid probate court and unnecessary taxes. This seminar is free to Pattonville residents.

Wednesday, April 24  
5:30-7:00 pm  
Learning Center Facilitator: B Padgett  
Fee: free to Pattonville residents

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**COUPONS 101 #313**

Looking for a way to save money? Learn basic couponing skills and techniques that give you a good deal thrill! Come see how you can stretch your penny with a little piece of paper. We will cover how to get coupons, couponing language, and how to get the best deals. Print resources will also be provided for future review.

Tuesday, April 2  
5:00-7:00 pm  
Learning Center Instructor: C Neff  
Fee: $10 Residents Non-Residents $15

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**PUT YOUR BEST FACE ON #314**

In this class, learn how to give yourself a facial and the benefits of good skin care. Participants also learn anti-aging techniques, such as proper cleansing, exfoliation, and moisturizing. Fee includes all facial supplies. Fun activity for you and a friend!

Thursday, April 4  
4:30-5:30 pm  
Learning Center Instructor: M Reed  
Fee: $10 Non-residents $15

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**HOW DO I USE MY iPAD? #315**

In this class, we will discuss features of the iPad and how to use it. Students should bring their iPad to class. Class will focus around student’s questions.

Tuesday, February 26  
5:00-7:00 pm  
Fee: $20 Non-resident $25

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**SOCIAL MEDIA FOR THE BEGINNER #316**

Come learn about the latest happenings in social media, plus tips on using Twitter, Facebook, Instagram, Pinterest and other social tools on the web. Students should bring their laptop or tablet to class.

Tuesday, March 12  
5:00-7:00 pm  
Fee: $20 Non-resident $25
FACEBOOK #317
Learn how to get on Facebook and join the billions of other Facebook users. In this class we will access Facebook and students will be able to set up and edit their Facebook page. Learn how to find relatives, childhood buddies, classmates and become “friends”. Students should bring their laptop or tablet to class.

Tuesday, April 9  
Fee: $20 Non-resident $25

FACEBOOK FOR BUSINESS #318
This class focuses on setting up a Facebook page for business use. We will discuss the logistics for setting up the page and ways to market your Facebook page to attract the best and most clients. Students should bring their laptop or tablet to class.

Tuesday, April 23  
Fee: $20 Non-resident $25
TEACHERS AND CLASS SUGGESTIONS

In order to expand the Community Education Program with interesting opportunities, your suggestions would be appreciated. Tell us what interests you. Help us plan future courses. Email info to mreed@psdr3.org or fill out the form below and mail to:

Mary Reed
Pattonville Community Education
11097 St. Charles Rock Road
St. Ann, MO 63074
Or email me at: mreed@psdr3.org

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I am qualified and interested in teaching the following courses:

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If not interested in teaching - - do you have some course suggestions? If so, please list below:

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AVAILABLE TO PATTONVILLE RESIDENTS

PARENTS AS TEACHERS PROGRAM
Pattonville Early Childhood offers FREE developmental screenings for any child aged 6 months through kindergarten entry through the Parents as Teachers program. Screenings can show if your child is developing typically for his/her age, and can uncover any concerns. Sign up for your child’s screening at https://sites.google.com/psdr3.org/pat

The screening includes an assessment in the following areas: motor, concepts, language, selfhelp skills, social emotional development, health, hearing and vision. Certified Parent Educators provide parents with child development knowledge and specific when, what, how and why advice for families. By understanding what to expect during each stage of development, parents can easily capture the teachable moments in everyday life to enhance their child’s language development, intellectual growth, social development and motor skills. All district residents are eligible for these services free of charge. For further information call (314) 213-8003.

HIGH SCHOOL EQUIVALENCY & BASIC READING AND MATH SKILLS
Free High School Equivalency and Literacy classes are available for anyone 17 years of age or older who is not currently enrolled in high school. Teachers and tutors can help you prepare for the High School Equivalency exam or improve your reading, writing, and math skills. Night classes are held at Pattonville High School on Tuesdays and Thursdays from 5:30 to 8:30 pm. Morning classes are located at Faith Baptist Church, 12061 Natural Bridge Road in Bridgeton from 9:00 am to noon, Monday through Thursday. Afternoon classes are available at Fern Ridge High School, 1:00-4:00 pm, Monday through Thursday. All books and materials are provided free of charge. To enroll and find out orientation dates, please call (314) 415-4940.

ENGLISH AS A SECOND LANGUAGE
Free Adult English as a Second Language classes are offered at Faith Baptist Church, 12061 Natural Bridge Road in Bridgeton, from 9:00 am to noon Monday through Thursday. Afternoon classes are available at Fern Ridge High School, 13157 North Olive Spur Road, from 1-4 pm Monday through Thursday. Evening classes are available from 6-9 pm at Fern Ridge High School Monday through Wednesday. Classes include speaking, listening, reading, writing, grammar, vocabulary, and culture. To enroll and get registration dates, please call (314) 415-4940.

OASIS
Oasis is an intergenerational tutoring program that matches trained volunteer tutors with elementary school students who have underdeveloped reading and language skills. Training sessions are free and take place in January and September for people interested in tutoring in districts throughout the St. Louis area. Pattonville is currently in its 28th year of Oasis tutoring and is always looking for more generous and dedicated volunteers. Tutors can work with students in kindergarten through third grade in any of the district’s elementary schools or Remington Traditional School. Those interested in tutoring in Pattonville can call (314) 213-8025 for training dates, locations and more information. To register or to find out more information about a different district, please call (314) 995-9506.
By Mail:
Send registration form from this brochure with your credit card information or
check made payable to Pattonville School District, to Community Education, 11097
St. Charles Rock Road, St. Ann, MO 63074. MasterCard, Visa, and Discover are
accepted.

By Telephone:
You may register by telephone using a credit card by calling (314) 213-8094.

By FAX:
You may register by fax using a credit card by dialing
(314) 213-8695.

In Person:
Completed registration forms may be dropped off at the Pattonville Learning Center
between the hours of 8 am–4 pm or by appointment by calling 213-8094.

COURSE ACTIVITY: _______________________ COURSE NO: ___________

NAME: ____________________________________________

ADDRESS: _________________________________________

PHONE: ______________________ ALT PHONE: ______________

EMAIL: _____________________________________________

CREDIT CARD # ______________________________________
    [ ] Visa [ ] MasterCard [ ] Discover

EXP. DATE _____________ CVS CODE ________

[ ] PATTONVILLE RESIDENT
[ ] NON-PATTONVILLE RESIDENT
[ ] SENIOR CITIZEN (55+ YEARS)
By Mail:
Send registration form from this brochure with your credit card information or check made payable to Pattonville School District, to Community Education, 11097 St. Charles Rock Road, St. Ann, MO 63074. MasterCard, Visa, and Discover are accepted.

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COURSE ACTIVITY: ______________________ COURSE NO: ____________

NAME: __________________________________________________________________________

ADDRESS: _________________________________________________________________________

PHONE: ___________________ ALT PHONE: _______________________

EMAIL: ___________________________________________________________________________

CREDIT CARD # ___________________________________________________________________

☐ Visa  ☐ MasterCard  ☐ Discover

EXP. DATE ____________ CVS CODE ______

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EXP. DATE _______________ CVS CODE __________

[ ] PATTONVILLE RESIDENT

[ ] NON-PATTONVILLE RESIDENT

[ ] SENIOR CITIZEN (55+ YEARS)
Pattonville Board of Education
Tim Pecoraro, Ed. D.
Superintendent of Schools

Jeanne M. Schottmueller, President
Andrea Glenn, Vice President
Dr. Brian J. Gray, Secretary
Mary Kay Campbell, Treasurer
Ruth A. Petrov, Director
Mindy M. Ridings, Director
Dr. Amanda Lienau Purnell, Director

Community Education Personnel

Patricia Gould, Director
213-8095
pgould@psdr3.org

Mary Reed, Coordinator
213-8094
mreed@psdr3.org

Crystal Neff, Secretary
213-8096
cneff@psdr3.org