

Always call 911 or go to the ER if you think you could put your health at serious risk by delaying care.

Which is better for bumps, cuts and scrapes?

Emergency room (ER) vs Urgent care/retail health clinic



Emergency room



When you have minor wounds or bruises, where should you go?



Urgent care/retail health clinic

\$150 to \$200

Average cost¹ for common conditions

\$20 to \$75

You pay:

- Higher copays
- Any additional deductible or coinsurance that may apply



You save up to **\$180**



Enough to buy **52 lattes** from your corner coffee shop.²

4 hours³



Average visit time

1 hour⁴



How to find an urgent care center or retail health clinic



Online: Go to anthem.com and choose **Find a doctor**. Follow the steps to search for an urgent care center or retail health clinic in our network.



By phone: Call the Member Services number on your ID card for help finding in-network providers.

You save **3 hours**



Enough time to go to the gym and take your dog to the park

¹ Refers to average health plan copays, not the cost for the condition listed. For many members, deductibles and coinsurance may apply.

² National Coffee Association, www.ncausa.org. The average price for an espresso based drink is \$3.45.

³ American College of Emergency Physicians website: *ER Wait Times, Crowding & Access Fact Sheet* (accessed December 2015): newsroom.acep.org/index.php?ts=20301&item=29937.

⁴ Becker's Healthcare website: *20 Things to Know About Urgent Care* (accessed December 2015): beckershospitalreview.com.

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